

HOW DOES IT FEEL?

Sometimes we feel multiple emotions at the same time. Have you ever been SURPRISED with a gift? Did it make you happy or fill you with JOY? Have you ever looked forward to trying something new, but also felt ANXIOUS at the same?

Match the words below with the emotion in the column. Do you see similarities? Differences?

smile

open mouth

rapid heart beat

calm

pit in stomach

raised eyebrows

laugh

Skip in step

eyes open wide

Come up with your own descriptions!

JOY

SURPRISE

ANXIOUS